



# Spiritual Communion

*For those unable to attend the Eucharist at this time*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit. Amen.

### *The Collect for Purity*

Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.

### *The Collect*

Lord, you are the bread of life.  
May I hunger after the heavenly Food  
you give for the life of the world,  
so that I might live in and through you,  
the Source of the fullness of joy;  
Jesus Christ, Our Lord Amen

### *The Gospel - John 15: 9-12*

Jesus said, 'As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete. My command is this: Love each other as I have loved you.'

*Take some time to pray silently for your family and friends, for the world at this time, and yourself, giving thanks for the blessings of your life.*

### *Act of Reception*

In union, dear Lord, with the faithful who long to gather around your holy table throughout the world, I offer you thanks and praise. Since I cannot now receive you sacramentally, I ask you to dwell spiritually within my heart. I unite myself to your love and embrace you in that same love. Let me never be parted from you. Amen.

May the Body and Blood of our Lord Jesus Christ preserve my body and soul unto everlasting life. Amen.

### *Thanks and Praise*

I thank you dear Lord, that in great love you gave yourself for me upon the cross. Strengthen me, that I may show this knowledge in all that I do, knowing that nothing can separate me from you. Amen

*Go in peace to love and serve the Lord*

