



Tuesday, 5th May

How good are your taste buds?!

Make a plate with a selection of small pieces of different foods eg. banana, apple, raisin, chocolate, cheese, cucumber, piece of a biscuit, a sweet, any favourite (or not so favourite!!) foods.....

Each child is blindfolded and given a plate. They have to eat all the items and when they have finished, try and remember as many of the items they have eaten as they can! Older children can write a list; younger children can just tell you!

Make the game harder by using:

Smarties: can you guess the colours as you eat them? Get a point for each correct one!

Star bursts or fruit pastels: can you guess the fruit you are eating!



Who has the best taste buds in your house? ! 😊

inSpire

