



**Tuesday 23<sup>rd</sup> June**  
**Growing food from scraps**

Way back on 17<sup>th</sup> April we planted food scraps. How did yours do?

I'm just about to get flowers and seeds from the ends of the spring onions, carrots and leeks that I chopped off, left in water to root and then planted! Great! .....

seeds for next year! 😊

If you haven't tried yet, then have a go at planting the bits of the veg you normally throw away. Here's what mine look like now.....



Carrot tops....  
tasty in salad  
and ready to  
flower



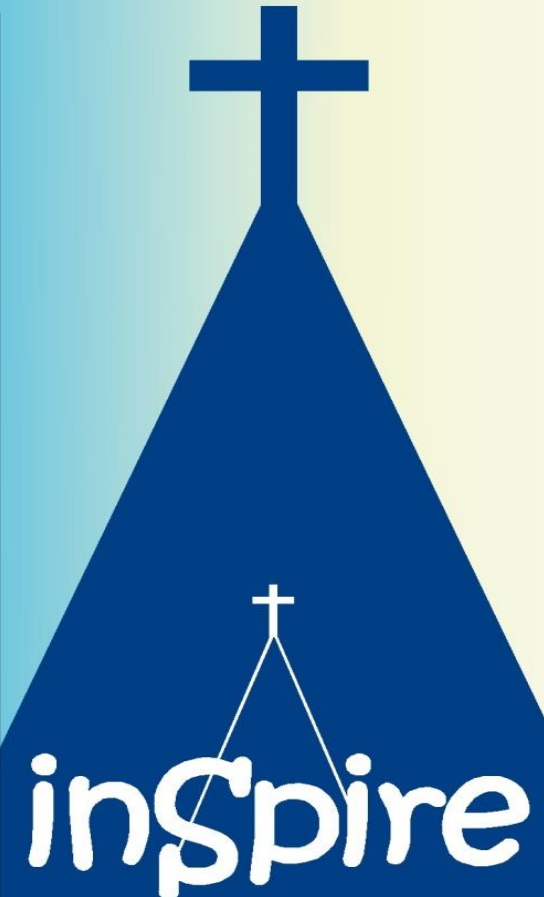
Spring onions  
flowering 😊



Leek....also about  
to flower



Baby Gem lettuce ends  
growing leaves again  
in water! 😊



The lettuce has only taken a few weeks.

I also rooted basil, rosemary and mint (just left the tender stems in water to root and then planted them in earth). 😊



Can you see all the mint roots? They were just left in water !!      Lovely plants that cost you nothing!

Go back to Week 4 , Friday, 17<sup>th</sup> April to find out more about planting food scraps! It's really great to do!

