



**Tuesday, 7<sup>th</sup> July**  
**Subway at home!**

**Kids like nothing better than to help getting food ready so setting up your own sandwich bar, like Subway, makes them feel very grown up and responsible!**

**Use any ingredients you have in the cupboard (kids can come up with great combinations!) Decide on the fillings and put them out in pots on a table or on the kitchen counter.**

**Make lots of little pots of “extras” (thin slices of tomato, cucumber, different relishes, sweetcorn .....) so everyone thinks there’s an amazing choice!**

**One person could “man” the bar as if in a proper sandwich bar or alternatively you could all help yourselves (It depends how hungry you are!)**

**If you have the ingredients and the time (!) you can always make your own rolls!**



