



Inspired Ideas Online!
Tuesday, 24th March 2020

How fit are we today?

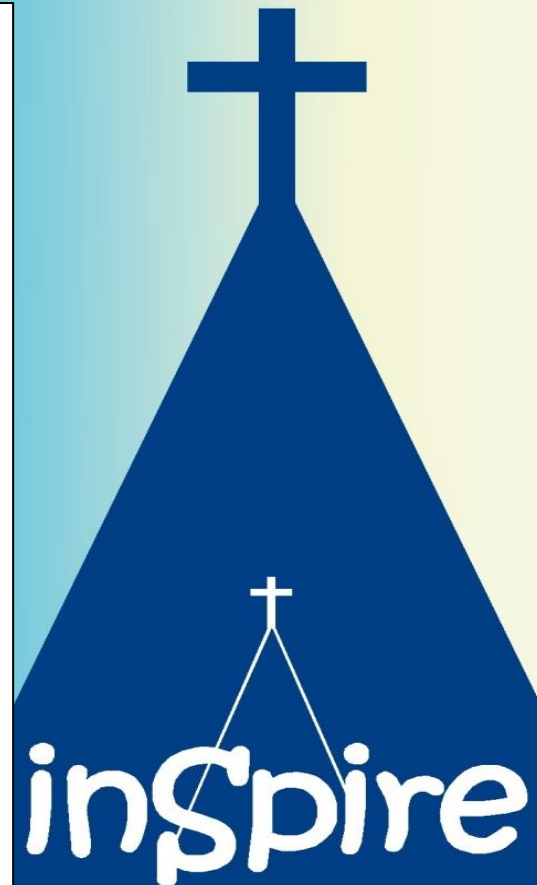
Complete your circuit training course again and see if you are faster than yesterday!

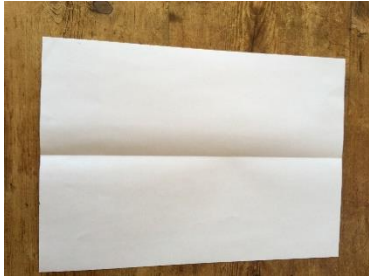
Fun with paper! Whose plane flies best?

Take a sheet of A4 paper. (See the next page for photos of each stage)

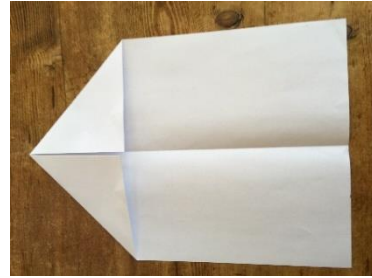
1. Fold the paper in half lengthways and then open it out again.
2. Fold the top right corner in to meet the centre crease.
3. Fold the top left corner in to meet the centre crease.
4. Flip the plane over and take the new top right "corner" and fold it down onto the crease line.
5. Do the same for the new left "corner".
6. Fold the top point down to where it meets the bottom of where the two previous folds come together.
7. Fold the whole plane in half, in on itself lengthways. This gives you a blunt nose which makes the plane fly really well!
8. Fold the wings down so you are making a straight line across from the top of the blunt nose.
9. Decorate your plane and then fly! Give it a soft launch for it to fly best! Whose is best?!

Older children can look online to find different designs. Which design flies best?

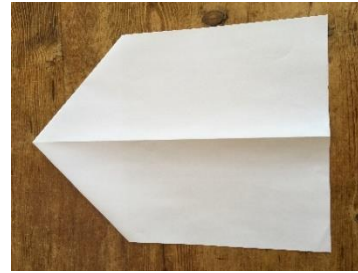




1.



2&3



4.



5.



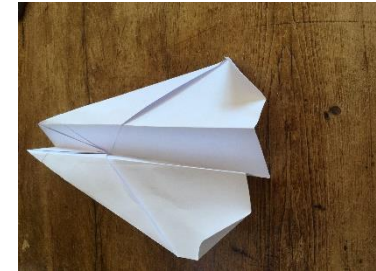
6.



7&8



Whose plane flies the furthest?



What happens if you turn the ends of the wings up?

Try doing different things to your plane to see if it can fly further or stay in the air for longer.

Remember to add another link today to your paper chain diary if you are keeping one.

