



**Thursday, 16<sup>th</sup> April**

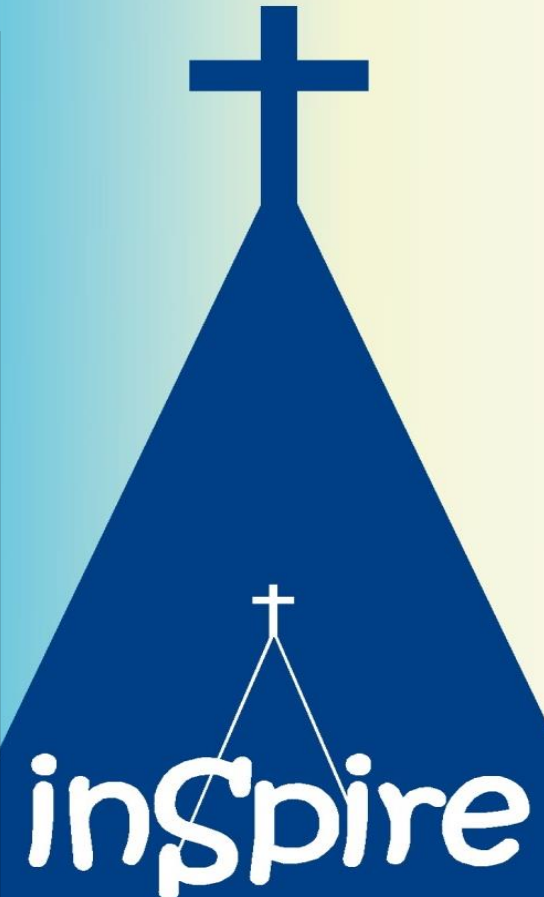
**Let's get planting Part 1**

The warm weather is here and there's nothing quite like watching plants grow from seeds especially if it's food we can eat!

Did you know you can grow plants not only from food but also from food scraps! (We'll do this tomorrow!) You don't need special seed trays and flowerpots.....use anything you have in your house!

Growing citrus trees You can plant lemon, orange, grapefruit, clementine.

- Soak your pips or better still use them fresh from the fruit.
- Choose plump looking seeds.
- Put some earth into a container and plant 6-8 pips as not all of them will germinate.
- When they shoot, plant them in separate pots.
- Water well and make sure they have lots of sunlight.
- You will get a beautiful plant but you might have to wait for 5-10 years to get any fruit!!!





Lemon pips in a yoghurt pot

### **Growing avocado stone**

Take the stone from an avocado and put 3 cocktail sticks into the sides. (make sure the flat end is at the bottom).



- Place the stone over a jar of water, so its base is covered by about 5cm of water. Leave in a bright place.



- Wait til the stone splits and the stone starts to shoot.
- Plant in soil and let it grow”

### **Growing tomato plants from a tomato!!**

#### **You can use large tomatoes or cherry tomatoes!**

- Fill your container with soil (compost if you have it).
- Slice a tomato into 1 cm slices. Lay your tomato slices on top of the soil. Lightly cover them with more compost.
- Water the pot and keep the soil moist.
- You should see seedlings within 7-14 days! 😊

- Choose the strongest seedlings to pot on in another container in groups of 4 or 5.
- When they have grown, choose the 2 or 3 strongest again and pot on.



**You can also grow pepper seeds from peppers !!**

Grow them on wet kitchen paper and wrap in a plastic bag to help germinate.

