



Friday, 3rd July

Slushie bar !

If the weather is hot, it's great to make slushies! Nothing cools the kids down better than sipping their favourite slushie with a straw.

Children might like to create their own slushie bar, pretending to be the waiter, taking everybody's slushie order and then helping make them!and of course, serving them!

What you need:

1 ½ cups of your favourite fruit.

1 cup of ice

¼ cup of sparkling water

Any extra flavourings: honey, spices, vanilla essence (adults might like ginger or mint or cinnamon!)

Wash and chop your favourite fruit. Put into a blender with the ice and sparkling water. Whizz it all up until it looks like a great slushie.

Serve with a straw and a smile! Enjoy! 😊

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